

MEDICAL HISTORY AND PAIN QUESTIONNAIRE

Name: _____ DOB: _____ Date of Injury: _____ Today's date: _____

PRIMARY COMPLAINT: _____

TREATMENT: List any treatment PT, OT, Chiropractic, Osteopathic that you have received for this problem _____

DIAGNOSTICS/TESTS: List any special tests you have had for this condition: _____

MEDICATIONS you are currently taking: _____

GENERAL HEALTH: Check all that apply and give an explanation:

- | | | | |
|--|--|--|---|
| Past/Present | Past/Present | Past/Present | Past/Present |
| <input type="checkbox"/> /____ Neck pain | <input type="checkbox"/> /____ High blood Pressure | <input type="checkbox"/> /____ Diabetes | <input type="checkbox"/> /____ Allergies: _____ |
| <input type="checkbox"/> /____ Mid back Pain | <input type="checkbox"/> /____ Heart Attack | <input type="checkbox"/> /____ Epilepsy | <input type="checkbox"/> /____ Smoking/Drug/Alcohol Use |
| <input type="checkbox"/> /____ Shoulder pain | <input type="checkbox"/> /____ Chest Pains/Angina | <input type="checkbox"/> /____ Depression | <input type="checkbox"/> /____ Hepatitis |
| <input type="checkbox"/> /____ Low back pain | <input type="checkbox"/> /____ Stroke | <input type="checkbox"/> /____ HIV/AIDS | <input type="checkbox"/> /____ Liver/Gallbladder Disorder |
| <input type="checkbox"/> /____ Elbow pain | <input type="checkbox"/> /____ Osteoporosis | <input type="checkbox"/> /____ Cancer | <input type="checkbox"/> /____ Multiple Sclerosis |
| <input type="checkbox"/> /____ Wrist pain | <input type="checkbox"/> /____ Jaw pain | <input type="checkbox"/> /____ Dizziness | <input type="checkbox"/> /____ Rheumatoid Arthritis |
| <input type="checkbox"/> /____ Foot/Ankle pain | <input type="checkbox"/> /____ Abdominal pain | <input type="checkbox"/> /____ Asthma | <input type="checkbox"/> /____ Thyroid Disorder |
| <input type="checkbox"/> /____ Knee pain | <input type="checkbox"/> /____ Joint swelling | <input type="checkbox"/> /____ Arthritis | <input type="checkbox"/> /____ Concussion |
| <input type="checkbox"/> /____ Hip pain | <input type="checkbox"/> /____ Muscular Incoordination | <input type="checkbox"/> /____ General Fatigue | <input type="checkbox"/> /____ Headache |

Explanations for checked health conditions: _____

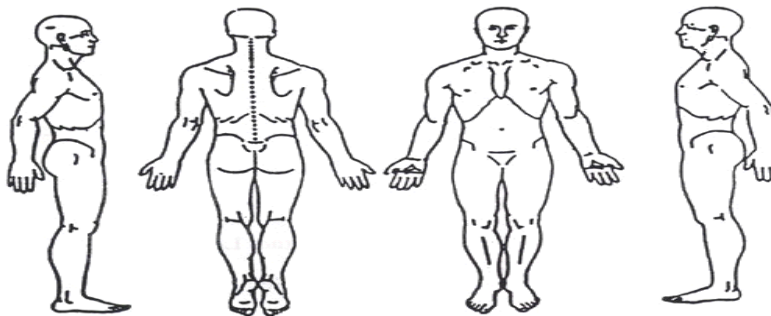
RATE YOUR PAIN: "0" no pain at all and "10" worst possible (circle)

- Pain today: 0 1 2 3 4 5 6 7 8 9 10
 Worst pain in last 4 weeks: 0 1 2 3 4 5 6 7 8 9 10
 Best pain in the last 4 weeks: 0 1 2 3 4 5 6 7 8 9 10

TYPE OF PAIN: (Circle all that apply)

- Throbbing Shooting Stabbing Sharp
 Pinching Pulling Burning Tingling Numb
 Tender Exhausting Fearful Nauseating
 Agonizing Unbearable Radiating Aching

Mark on body using * where your pain is located:**



WELLNESS: Are you currently participating in a fitness program? Yes No

Are you interested in meeting with one of our Performance Coaches for a free initial visit? Yes No

Clinical Use Only: PT Dx: _____ Recommendations/Goals: _____

UE Limits: _____ LE Limits: _____ Spinal Limits: _____